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Lion mosaic

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Grass haircuts





Brilliant bubbles

Egyptian sarcophagus



Let's learn about... The Solar System

Space is VERY big—bigger than you can possibly imagine! Our planet (Earth) is in a part of space called the solar system with seven other planets.

43



Studying space

It's very difficult to explore space, so scientists use **telescopes** and **probes** to see far away. The probe called Voyager I has traveled beyond the planets!



space is really huge and we've only seen a **tiny** part of it so far.

Button **planets**

The real solar system may be gigantic, but this rotating model of the planets is small enough to twist up and fit in your pocket!

5555556	fo
You will need:	
 black and yellow 	
card stock	£%
• scissors	
• buttons	
• craft glue	
• paintbrush	Check the order of the
• paper fastener	planets on pages 6-7.
O Cut black card stock into eight strips of different lengths. Cut a yellow circle for the sun.	Glue a but shortest s Venus to th

Find eight buttons that are similar colors to the planets. Use biggest one r Jupiter.

00

Uranus

Saturn

tton for Mercury to the trip. Then add a button for he next. Continue for the rest.



Marshmallow constellations

If you look at the night sky you might spot a bear, a hunter, or a flying horse as patterns in the stars. Make your own that you can eat.







Join the toothpicks and marshmallows together and place on top to create the constellation.

You may need to snap the toothpicks to make them shorter.

Stars look tiny because they are really far away. Most are much bigger than Earth!





Alien invasion



Carefully slice a potato in half. Dip the flat side into paint and then print it onto paper. Paint on arms, legs, and other features, then add googly eyes to finish the aliens. You will need: • potato • Knife

- paint
- paper
- paintbrushes
- googly eyes





2

6

Many people think it's possible that alien life does exist, but space is so huge, we may never find out. What might an alien's home planet look like? Why not paint one?

We come in peace! Use these wacky aliens as inspiration, or get creative and design your own.



000

To me, you humans are the aliens!

Let's learn about... Space travel

People have always wondered what it's like among the stars, but getting to space is hard. However, thanks to clever scientists and technology, we know more about space travel than ever.

53

27 Rocket **₹**27 Learn to make straw rockets on page 16. $\sum_{i=1}^{n}$

Living in space

Astronauts use rockets to launch them into space. While they're in space, many astronauts live and work at the International Space Station.



One small step for man, one giant leap for mankind.

Amazing astronauts

Space suit

53

The people who travel to space are called astronauts. Their special space suits help them breathe and survive the harsh conditions of space.

International Space Station

> Make your own space outfit on pages 20-23.

53

The Moon Landing

In 1969 astronauts landed on the moon, but so far no humans have visited another planet.

£3

Straw rockets

Rockets help astronauts travel to outer space. These ones won't make it quite that far, but they will fly across the room! Three, two, one, LIFTOFF!



- · colored pencils
- paper
- scissors
- wide straw
- thin tape
- thin straw

The Saturn V rocket helped astronauts reach the moon for the first time. The journey took three days.



Snip off a section of the wide straw that is almost as long as the rocket. Squeeze the end and tape it shut.

3

Tape the wide straw to the back of the rocket as shown. Fit a thinner straw inside it. Scientists hope to build a rocket that can travel to Mars. It would be the most powerful rocket ever!

Take your rocket outside and see how far it glides. Use chalk to mark the distance on the ground.

Blow into the end of the straw and watch the rocket fly away!

We have LIFTOFF!

100000

(P)

Space **patches**

Every space mission has its own special patch made for the crew. If you want to be like a real astronaut, you'll need one, too.

Real patches from various NASA missions:







Apollo 7



Apollo 16





Gemini 6



Gemini 12

Space patches often feature pictures related to the mission's goal.



• tape

• safety pin

Many patches include the names of the astronauts. The American space agency, NASA, stands for "National Aeronautics and Space Administration."



Draw and cut out a large and small circle on cardboard. Trace the templates onto felt and cut them out.



Draw pieces of a rocket on cardboard and cut them out to use as a template. Pin your patches to your clothes to really show them off!



4

Place the templates onto felt and trace around them. Cut out the shapes and glue them together. Leave to dry.

Glue the back of the patch to the large cardboard circle and tape on a safety pin.

Try these designs, or invent your own!

11



Bottle jetpack

There isn't much gravity out in space, so astronauts use jetpacks to stop them from floating away. Make this one and you'll be ready to zoom!

You will need: • pen • cardboard • scissors

- red foam
- craft glue
- paintbrush
- strong tape
- two large plastic bottles
- foil
- cream card stock
- felt
- colored tape
- bottle caps

Make sure the straps are long enough to fit your arms through.





Cover the bottles in foil and tape them together. Wrap cream card stock around the bottles and tape to secure.



Jetpacks are also called "Manned Maneuvering Units." Astronauts wear them during space walks.

Decorate your jetpack with colored tape and bottle caps.

5 Tape around the top and bottom of the bottles, looping it through the straps.

6

Draw and cut out fire shapes from felt and tape them to the neck of each bottle.

Jetpacks release bursts of gas. The force created by this propels the astronaut in the opposite direction.

Space helmet

Astronauts wear space suits with helmets when they're in outer space. They wouldn't be able to survive the harsh conditions without them!

You will need:

- I cup craft glue
- I cup flour
- | cup water
- newspaper
- blown-up balloon
- cup
- scissors
- blue and white paint
- · paintbrush

Helmets protect against the intense pressure of space. Real helmets are also linked to oxygen tanks so the astronaut can breathe.

(\mathbf{I})

Combine the glue, flour, and water. Dip strips of newspaper in the mix and cover the balloon with at least three layers.

Leave to dry. Once it's fully set, pop the balloon and remove it from the inside of the paper.



Trim the bottom of the shape to fit your head through. Paint the inside blue, and the outside white.

Ask an adult to cut a hole out of the front for your face.

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43

Combine the helmet with your space patch, jetpack, and boots to complete your astronaut look!

To make boots, cover a pair of rain boots in aluminum foil and secure with tape.

43

, MAN

11

23

Earth looks a

23

long way away!

Let's learn about... The seasons

Birds build nests.

Much of the world has four seasons. Plants, animals, weather, and the amount of daylight are all affected as the seasons change.

The weather in **spring** is unpredictable. It can be sunny and rainy. It's during spring that most plants start to bloom.

Summer has the longest days, and is usually warm, sunny, and dry.

What causes the seasons to change?

The Earth is **tilted**. So as the Earth moves around the sun, different parts of the world tilt toward or away from it at different times of year.

Flowers blossom

Make a special nature mask on page 30

Turn the page to make a season tree model.

ľm collecting food for winter.

Many trees are bare.

Snow can fall.

In fall the weather starts to grow colder.

Winter has short days with less in ter. sunlight, and is usually cold.

Four or two?

Not everywhere on Earth has the same seasons. Tropical countries are hot all year around, but have a wet and dry season.

Leaves change color of



Season tree

Have you noticed that some trees look different throughout the year? Capture the beauty of all four seasons with this model tree.



Draw an outline of a tree onto card stock, using a plate for the circle. Cut it out.

Draw around the card stock template onto sheets of orange, green, pink, and blue card stock. Cut these out.

> Sketch the outline of a tree trunk and branches onto the template and cut it out.



On brown card stock, draw around the trunk template and cut out a trunk. Repeat three times, so you have four trunks.



This project can take awhile, so save it for when you have plenty of time.

5

Glue the trunks onto each colored tree as pictured.

Some parts of the world only have two seasons; one rainy and one dry.

6 Paint different colors

onto paper. Once dry, cut out a lot of leaf and grass shapes to decorate with.

> Mix the colors to create a lot of pretty shades.



Seasonal weather changes cause trees to look different through the year. Cold weather and lack of sunlight makes leaves change color and fall.

> This model is tree-rific!

Put your tree on display and rotate it throughout the year to match the season.



Nature **mask**

The natural world is a treasure trove of beautiful materials. Go on a nature hunt and see what you discover, then use your finds to create a mask!

You will need:

- scissors
- black or cream card stock
- pen
- sticky tack
- elastic
- craft glue
- paintbrush
- leaves and natural items

Many trees shed their leaves during fall and winter, but "evergreen" trees keep their leaves all year around.



2 Push a pen through each side of the card stock into a piece of sticky tack to make holes. Thread the elastic through the holes and fasten.

(3) Glue your leaves and other items onto the mask. Look out for other natural treasures such as seeds, feathers, and flowers to decorate your mask.

You can find beautiful colored leaves in fall.

> Only use items you find on the ground.

Let's learn about... Weather

Hot or cold, wet or dry, snowy or sunny—weather is the name for what is happening in the air around us.

Rain falls from clouds. It gets us wet but gives us water to drink and helps plants grow.

Sun warms up our world and is responsible for how hot we feel. This is called temperature.

Meteorologists use weather symbols.



Weather reporters

People who study the weather are called "meteorologists." They use special machines to predict and record the weather.

Weather warning!

Extreme weather can have dramatic effects. Storms cause floods and damage to buildings, and too much hot weather can cause fires and kill crops.

Snow falls from clouds when it's very cold. It eventually melts into water.



Wind is air that is moving around. Use the wind's power to make chimes on page 38.



What causes weather?

The sun heats up some parts of the world more than others. These differences in temperature create winds that move clouds around.

Wind turbine

Powered by the weather

Clever inventions like solar panels and wind turbines turn energy from weather into electricity.



Smiling sundial

Did you know you can use the sun to tell the time? All you need is a sunny day, something to cast a shadow, and a little bit of patience!

Paint the plate yellow.

You will need:
yellow paint
paintbrush
paper plate
scissors
pen
straw
sticky tack
Save this project for the summer when there are a lot of sunny days.

Snip 12 triangles evenly around the outside of the plate. Use a pen to poke a hole through the middle.

Draw a smiley face and put a straw through the hole.
To use your sundial, go outside at midday and line up the shadow made by the straw with the top of your sundial. Write "12" there.

What's

the time?

10

9

8

7

11

Every hour, write the next number in line with where the shadow has moved to.

6

12

Earth rotates once a day, making it look like the sun moves across the sky. As the sun changes position, the shadows it casts move, too.

5

The sun is at its highest point in the sky at micro

Stick your sundial down with sticky tack so it doesn't move or blow away.

Measure the rain

Ever wondered how much rain falls in a day? With your own rain gauge, you can take part in an experiment to find out!





Draw a ring around the bottle near the bottom. Mark measurements above it with a ruler and markers.

ELL'ATACA CA CA CA

Fill the bottle with stones up to your ring and cover with water. Slot the upside-down top of the bottle inside.



What causes rain?

The top of the bottle flipped upside-down acts as a funnel.

Use permanent markers to decorate the bottle, so the rain doesn't wash it away!

The stones will help stop your bottle from falling over.

When water is warmed by the sun, it turns into invisible water vapor and rises upward. This is called "evaporation."

When the vapor cools it "condenses." This means it turns into water droplets and forms clouds. When the droplets get big enough they fall as rain.

Make a chart like this and record how

much rain falls over several days.

Rainfall

(in/cm)

Day 1 Day 2 Day 3

 \mathcal{D}



Wind **chimes**

Don't throw away your old baked bean tin cans! Turn them into pretty wind chimes and listen to them jingle-jangle in the backyard.

Your wind chimes will make beautiful, relaxing sounds when they blow in the breeze.



Decorate cans by wrapping colored tape and elastic bands around them.



Ask an adult to make a hole in the bottom of the can by tapping it with a hammer and screw.





4

Tie a knot at the end of a length of string. Ask an adult to pull the other end through the hole, and thread pom-poms on with a needle.

3



Repeat with other cans and tie them to a branch. Space them close enough so that they will tap together in the wind.

Let's learn about... Ancient Egypt

The Ancient Egyptians ruled for more than 3,000 years. They are famous for their amazing pyramids, their many gods, and their strong rulers. I'm in charge!

27

3

Who was in charge? Powerful kings and queens called **pharaohs** ruled Ancient Egypt. They were thought of and treated like they were living gods.



The mighty Nile

The River Nile—the longest in the world—was important to the Egyptians because the soil left behind after it flooded was great for growing **Crops**.

Pharaoh



Advanced civilization

The Egyptians were very advanced. They built amazing structures, created a lot of art, and invented a special way of writing with symbols called hieroglyphics. Make tour own phranid

Mummies

The Ancient Egyptians believed that if their bodies were preserved in a special way after death, they could travel into the afterlife.

Ra

NO

Egyptian Gods

2

3

The Egyptians worshipped hundreds of gods and goddesses. The most powerful was "Ra," the sun god.

Mummy

2

53

23

2

Hieroglyphics

Papyrus scroll

The Ancient Egyptians used special symbols as writing. These "hieroglyphics" were written on something called papyrus.

> Paper didn't exist when the Egyptians lived. They crushed up papyrus leaves and weaved them together to write on.

Tear the paper bag into strips. Cover the strips in glue and lay them vertically on an old dish towel.

You will need:

- brown paper bag
- craft glue
- · paintbrush
- dish towel
- crayons



Coat more paper strips in glue and place these horizontally on top of the bottom layer. Leave to dry.

The Eye of Horus was an important Egyptian symbol.

The Eye of Horus

You can make up your own hieroglyphic symbols or copy these ones.

Use crayons to draw onto the papyrus.

Hieroglyphic symbols



Basket



House

Water.





Pool



Walk

Pyramid **money box**

Egyptian pharoahs expected to live forever as gods. They built huge pyramids to be buried in with their treasure.



- cardboard
- pencil
- scissors
- circular lid
- craft glue
- · paintbrush
- sand

Fill your money box with coins, so it's like the treasure in a real pyramid!



Draw around the lid in the middle of the square base. Cut this out, then snip all the way into the edge of the circle.



3

Fold the sides up and glue the outside of each tab to attach it to the triangle next to it.



How were the pyramids built?

It's a mystery! Historians think around 20,000 workers used ramps to haul heavy stones to the top. A pyramid could take up to 20 years to build—that's hard work in the heat!

Push in the lid to Keep your treasure safe!

Real pyramids are full of a lot of hidden tunnels and chambers.

Slot money in here.

My habitat is the desert.

Egyptian sarcophagus

When very important people in Ancient Egypt died, they were wrapped in bandages and placed in a sarcophagus (a special casket) for the afterlife.

You will need:

- doll
- bandages
- black paper
- I long and I short potato chip canister
- scissors
- tape
- pencil
- white card stock
- felt-tip pens
- double-sided tape

This burial process is called mummification. D Turn your doll into a mummy by wrapping it from head to toe in bandages.

Make a design for the body and head on card stock. Do them separately and make sure they fit the tubes.



Cover both tubes with black paper and cut to size. Secure with tape. Color your designs and stick them onto the tubes with double-sided tape.

Slide your mummy into its sarcophagus and put the top on.

Making a mummy

Only pharaohs and the very wealthy could afford to be made into mummies. The process was long, complicated, and VERY gruesome. Here's how it worked:

• The brain was removed through the nose with a special hook.

• Other organs were removed by people called "embalmers."

• The body was dried out using a salty mixture.

• The body was wrapped in linen and placed in the sarcophagus for the afterlife. Bury me with my favorite accessories!

Mummies were buried with their belongings so they could take them into the afterlife.

Let's learn about... The Roman Empire

At the height of its power, the Roman Empire spanned three continents. More than 60 million people lived there, making it one of the strongest empires in history. But what made the Romans so successful?

Make your own shield on page 50.

This "tortoise formation" kept soldiers well protected.

A very strong army

Nobody could match the might of the Romans. Their army of warriors (legionaries) was huge, and they used clever tactics to defeat their enemies.

I came, I saw, I conquered!

Cheate a lion mosaic on page 13th Roman coins

Werre wonderful!

They were cultured

Many Roman citizens wore clothing made from fine fabric. They also loved art, theater, and entertainment. Happy citizens are much easier to rule than unhappy ones!

The Colosseum

Talent for building

The Romans were master builders. They built cities, bridges, waterways, and a lot of roads that helped them spread across the world. (2)

Roman emperor



Roman shield

Roman soldiers defended themselves with strong shields made of wood and metal. This is how to make one big enough to cover your whole body.



- silver paint
- · craft glue
- strong tape

Many shields were red, the color of Mars, the Roman god of war.

Draw a large rectangle onto cardboard and cut it out. Round off the corners.

Cover one side in red paint and slightly bend the edges so that the shield curves inward.

Draw decorative designs (or copy these) onto gold paper and cut them out.





Cookie coins

The Roman Empire was very wealthy, so they had to have a lot of special coins. You can't spend these ones, but you can eat them—which is much better!



Make your own cookies

Preheat the oven to 350° F (180° C) and line a baking sheet with parchment paper.

Combine 7 tbsp (100g) butter with 1/2 cup (125g) sugar with an electric mixer. Beat in an egg and ½ tsp vanilla extract. Then stir in 1 cup (150g) all-purpose flour.

Roll into 18 balls and place on a baking sheet. Flatten and cook for 12-15 minutes.

D Bake your cookies (if using homemade).

Use piping frosting to add decoration.

Numbers	1	2	3	4	5	6	7	8	9	10
Roman numerals	Ι	II	III	IV	V	VI	VII	VIII	IX	Х

Roman numerals

The Roman number system used different combinations of letters. Numbers placed before or after each other were either added or subtracted. So 5 (V) + 1 (I) = 6 (VI).

Add faces or numerals to your cookies Can you figure out your age in Roman numerals? Why not put it on a cookie? **Romans often** put the faces of their emperors on their coins.



Lion **mosaic**

Romans decorated the floors of their buildings with mosaics, which were pictures made up of a lot of tiny pieces of stone. Let's make a paper version!



You will need:

- colored paper
- scissors
- 9019901
- pencil
- glue stick

Mosaics often showed scenes from history, animals, or daily life. Copy this lion, or create your own design.

Snip the strips horizontally to make tiny squares.



Draw a pencil outline of your design on paper and glue on the squares.



Romans were fascinated by exotic animals such as lions. Crowds would watch gladiators fight lions at the Colosseum.

Add a border.

Let's learn about... The animal kingdom

Our world is full of animals, from giant giraffes roaming the plains, to tiny insects burrowing underground. We split the world's animals into six main groups.

I'm the fastest land animal.

cheeta



Spide

Invertebrates

Fish

These animals live in fresh or salt water. They breathe through slits in their sides called gills.

Angelfish



Mammals

Mammals are warm-blooded and feed their young with milk. Most have fur and teeth.



Turn cardboard into wild animals on page 64.

There are more animals in this group than any other. One thing they have in common is they don't have backbones in their bodies.



of them can fly!

Penguin

57

Tadpole



There are thousands of different animals, but all of them need to eat and breathe.





Stone creatures

From cats to owls to creepycrawlies, you can find amazing animals right on your doorstep. But if you make your own they'll always be nearby.





Once this has dried, use a thin brush and markers to add detail.

cutting feet and a beak from felt and gluing them on.

Once you've made an owl, why not try these other creatures, too?

You can't

catch me,

Wormy!



p JJ

99

Use a magnifying glass to get a closer look at bugs.

Keep a list of any animals that you spot in the wild.

Remember that most wild animals like to be left alone.



Bird **feeder**

Hang a bird feeder in your yard so that birds can flock there for food. It's the perfect way to learn about the birds that live in your local area.

The best time to hang a feeder is in fall, when birds are preparing for winter.



Ask an adult to dissolve the gelatin in the water. Then stir in the birdseed.



Tweet!

Lay cookie cutters on a tray, fill with the mix, and push a straw through each one. Leave in the fridge to set overnight.



You can tie on a cookie cutter to fit around your feeder. It frames it beautifully.

> Birds are most active in the morning, so that's the best time to watch your feeder.

Glue on a stick to give the birds a place to perch.

Once the shapes have set, remove the cookie cutters. Trim the straws, then thread ribbon through the holes.

6





Secure the ribbon in place with a knot.

Making tracks

Draw your

chosen animal print and cut it

out as a template.

Trot, waddle, or stride? The tracks left by animals give us clues about their behavior. Try leaving some footprints of your own.







Cardboard giraffe

Long necks, scales, stripes, and tails—animals come in all shapes and sizes. Try making your own.



- pen
- craft glue

The place where an animal lives is called a "habitat."



Draw the outline of a giraffe's head and tail as shown. Paint them, then cut them out.



Cut a hole in the cardboard tube for the neck to slot into, then glue on the tail.

Hissss! I'm camouflaged.

mit

•

Many animals have special features that make them well suited to their habitats.

Stripes make zebras hard to spot in long grass.

4

Monkeys' tails help them hang from trees.

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0

0

0

Long necks help giraffes eat from tall trees.

1000

Why not make the giraffe some friends?

Shark attack!

Some animals only eat plants, but others hunt and eat other animals. Sharks are some of the best hunters in the world. Make this shark's jaws move!

6860

You will need:

- pen
- card stock
- scissors
- · paintbrush
- paint
- pin
- paper fasteners
- googly eyes

Press a pin into the card stock to make a hole, then insert the paper fastener and pull apart to secure.

U

Draw and cut out an outline of a shark head, a little fish, and six long strips.

2

Paint the strips and shark gray, but don't paint the teeth. Use another color for the little fish.







Let's learn about... Science

Science doesn't just take place in labs—it's happening all around us all the time! Science is the study of the universe, everything in it, and how it all works.

> Science is split into three main groups: physics, chemistry, and biology.



Make brilliant bubbles on page 72.

Anything involving light, sound, forces, and energy belongs to the group called **physics**.

Super scientists

The people who study science are called scientists. It's their job to ask questions and do experiments.

WY IS NUM



Science that examines what things are made of is called **Chemistry**.

The study of living things and how they work—including you—is **biology**.

Thanks, science!

Everything from creating new technology and curing diseases, to launching rockets into space, is possible because of science.

Grass haircuts

Plants are living things that need taking care of to survive. If you look after your grass plant well, it will grow enough to need a trim!

> Plants need air, light, and water to grow. Experiment by keeping one plant in a dark place to see if it grows differently.







Keep your plants in a sunny spot and check in daily to see how much they grow.




Brilliant **bubbles**

Bubbles are usually round, but it is possible to create square and pyramid bubbles in 3-D frames using a little science!

You will need:

- 4 cups water
- 1/2 cup liquid dish soap
- 4 tbsp glycerin
- bowl
- pipe cleaners
- scissors

The glycerin will make your bubbles super strong.



Cut and bend three pipe cleaners as shown, then join them all together.



Attach two shorter pipe cleaner pieces and shape them into a cube, as shown.

Normal bubbles are round because of a force called "surface tension."

Squares inside the bubbles.



Fasten a pipe cleaner to use as a handle, then you're ready to go! Dip the cube deep into the bowl and lift it out. What do you see? Handle

Your bubbles will look different every time! Blow into them with a straw or gently shake the frame and watch the shape change.

Liquid **layers**

You will need:

• tall glass

· liquids listed below

Did you know you can stack liquids on top of each other? It might look like magic, but it's because of something called "density." Let's put it to the test!



Sink or swim?

see source at takes up Drop objects into the mix and see if they sink or float. The objects will float on whichever liquid has a lower density than they do.

Oil

Water

Liquid

dish soap

Milk

Honey

10

The ping-pong ball is filled with air so has a low density.

Blue soda water

Cranberry juice

Orange juice

Here's a second density experiment that you can drink!

Fizzing balloon

Impress your friends with this amazing science experiment that causes a chemical reaction you can see with your own eyes.

You will need:

- bottle
- funnel
- vinegar
- food coloring (optional)

0

- 2 tbsp baking soda
- balloon

Fill 1/3 of the bottle with vinegar and add a drop of food coloring.



2

Clean the funnel and use it to put the baking soda into the balloon.

3

Place the neck of the balloon over the bottle, being careful not to let any baking soda drop inside.



4

Lift the balloon up so the baking soda drops into the bottle. Now watch the chemical reaction! How it works

Ó

Э

When the baking soda and vinegar mix, it causes a chemical reaction. This reaction produces a gas called **carbon dioxide** that blows up the balloon!



As the gas rises up out of the bottle, it is trapped by the balloon. This causes the balloon to inflate.

0

O

0

The baking soda is a solid, the vinegar is a liquid, and the carbon dioxide is a gas. These are all different "states of matter."

 \bigcirc

Liquid

Gas

Templates

These templates will come in handy when making two of the trickier projects in the book. Carefully copy them onto cardboard and you can use them multiple times.





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