# **BEGINNER** ENGLISH FOR EVERYONE

EASY WORDS, PHRASES & EXPRESSIONS FOR SELF-STUDY



### **Beginner English for Everyone:**

### Easy Words, Phrases & Expressions for Self-Study

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www.eslspeaking.org

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### How to Use this Book

Welcome to this book designed to help you expand your knowledge of American English vocabulary. My goal is to help you increase your vocabulary and to be able to speak and write more fluently. And of course, get higher scores on English proficiency exams like the TOEFL, TOEIC and IELTS tests.

English vocabulary can be difficult to master, even for the best students. In this book, you'll find hundreds of English phrases that are used in boardrooms, over a meal, and with friends and family around the world. They are also the ones that you'll see on various exams designed to test your English ability.

Be sure to do the following:

- Review frequently.

- Study a little bit every day instead of everything in one go. You'll remember a lot more that way. I recommend learning 4-6 new vocabulary words each day. Remember to review them every day until you'll never forget them!

- Use flashcards. Write down the word or expression on one side and the meaning on the other. Mix them up and quiz yourself. Do this while on the subway or whenever you have a few extra minutes in your day.

- Use each phrase or word in real life as soon as possible.

- Don't be nervous about making mistakes. That's how you'll get better at English!

- Consider studying with a friend so you can help each other stay motivated.

- Use a notebook and write down new words that you run across. Review frequently so that they stay fresh in your mind.

 Read frequently. Choose something that is slightly below your level and try to read it for at least 10 minutes a day. Read quickly and if you don't know a word, guess what the meaning is instead of stopping and looking it up in a dictionary. This is one of the best ways to learn vocabulary naturally. Do this in addition to using this book.

Good luck and I wish you well on your journey to becoming better at English!

### **About the Author: Jackie Bolen**

I taught English in South Korea for 10 years to every level and type of student. I've taught every age from kindergarten kids to adults. Most of my time has centered around teaching at two universities: five years at a science and engineering school in Cheonan, and four years at a major university in Busan where I taught upper-level classes for students majoring in English. In my spare time, you can usually find me outside surfing, biking, hiking, or snowshoeing. I now live in Vancouver, Canada.

In case you were wondering what my academic qualifications are, I hold a Master of Arts in Psychology. During my time in Korea, I completed both the Cambridge CELTA and DELTA certification programs. With the combination of almost ten years teaching ESL/EFL learners of all ages and levels, and the more formal teaching qualifications I've obtained, I have a solid foundation on which to offer advice to English learners.

I truly hope that you find this book useful. I would love it if you sent me an email with any questions or feedback that you might have.

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You might also be interested in these books: 1001 English Expressions and Phrases, or 1005 ESL Conversation Questions. You can find it wherever you like to buy books. It has hundreds of helpful English phrases and expressions that can be used in a wide variety of situations. Learn to speak more fluently in American English.

# **A Couple of minutes**

Meaning: Two minutes.

#### **Examples**:

Please wait. I'll be ready in *a couple of minutes*.

I need *a couple of minutes* to finish this.

You only have *a couple of minutes* before we need to leave. Are you ready?

### A few

**Meaning:** 3-5 of something.

#### **Examples**:

Let's get *a few* beers and a pizza for tonight.

There will be *a few* people you know at the party.

I need *a few* minutes to get ready.

## After dinner

**Meaning:** When the evening meal is finished.

#### **Examples**:

Let's go for a walk *after dinner*.

Please do your homework *after dinner*.

*After dinner*, let's clean up the kitchen together.

### After work

**Meaning:** When you're done working.

#### **Examples**:

What are you doing *after work*? Let's get dinner.

*After work*, I usually exercise and then go home and make dinner.

I can't hang out *after work*. I have a dentist's appointment.

### Again

Meaning: Another time.

#### **Examples**:

Please do this *again*. It's not good enough.

Can we see that movie *again*? It's so good!

I want to read Harry Potter *again*.

# Allergic to

**Meaning:** Can't touch, eat, etc. without having a bad reaction.

#### **Examples**:

I'm allergic to tomatoes.

Many people are *allergic to* peanuts.

Are you *allergic to* anything?

### Allowance

**Meaning:** Spending money that parents give their children weekly or monthly.

#### **Examples**:

How much *allowance* do you give your kids?

How did you spend your *allowance* when you were a kid?

I give my daughter \$1 a week for *allowance*.

### As soon as possible

**Meaning:** Quickly; at the first possible opportunity.

#### **Examples**:

This needs to get done *as soon as possible*.

Let's fix that toilet *as soon as possible*. It's leaking.

He'll need to get surgery *as soon as possible*. It's serious.

## A waste of time

**Meaning:** Doing something that is not helpful or doesn't produce results.

#### **Examples**:

This homework is *a waste of time*. Why do I have to do it?

Cleaning my room is *a waste of time*! It'll be messy again tomorrow.

Most things I do at work are *a waste of time*.

# **Bad luck**

**Meaning:** Describes a series of unfortunate circumstances.

#### **Examples**:

Ted always seems to have *bad luck*.

Oh no! I can't believe that happened. It's such *bad luck*.

I only have *bad luck*, never good luck.

### **Bad news**

**Meaning:** Not good news.

#### **Examples**:

*Bad news*. You have to work late tonight. We need to finish this.

I got some *bad news* about my grandpa today. He's in the hospital.

*Bad news*! The deal fell through.

### **Practice #1**

a couple of minutes, a waste of time, after work, bad news, again, a few, after dinner, allergic to, as soon as possible, bad luck

- 1. Please let me know your answer \_\_\_\_\_.
- 2. I have some \_\_\_\_\_ for you. Please sit down.
- 3. This homework is \_\_\_\_\_.
- 4. \_\_\_\_\_, let's go for a walk.
- 5. I'm \_\_\_\_\_ to shrimp.
- 6. It'll only take \_\_\_\_\_ to finish it.
- 7. Do you want to get a beer together \_\_\_\_\_?
- 8. Please do it \_\_\_\_\_. I can't read what you wrote.

#### Answers

- 1. as soon as possible
- 2. bad news
- 3. a waste of time.
- 4. After dinner
- 5. allergic to
- 6. a couple of minutes
- 7. after work
- 8. again

### Bank

**Meaning**: A place to get money and deal with financial things.

#### **Examples**:

Which *bank* do you use? I like CIBC.

I have to go to the *bank* to take out some cash.

Where's the nearest *bank*?

## **Best of luck**

**Meaning:** A wish that someone will succeed at what they're doing.

#### **Examples**:

*Best of luck* with your move. I hope that it goes well.

Hey, *best of luck* with your wedding! I'm sorry that I can't make it.

*Best of luck* with your new job. You're going to do well.

### Between

**Meaning**: In the middle.

#### **Examples**:

Can I sit *between* you?

Put the red one in *between* the yellow ones.

I'm *between* jobs now.

# Big

#### Meaning: Large

#### **Examples**:

Wow! That's a *big* dog.

I want to have a *big* house one day.

This table is too *big* for our kitchen. Let's get a smaller one.

## Bird

**Meaning**: A kind of animal that can fly. Not an insect.

#### **Examples**:

There are so many *birds* in this park.

Let's go *bird* watching. Bring your binoculars.

I love listening to *birds* sing.

# **Big plans**

**Meaning:** Plans that are not usual (in a good way).

### **Examples:**

Do you have any *big plans* for the weekend?

I have some *big plans* for summer. I'm going to Italy.

I wish I had some *big plans*. I'll probably just stay home this weekend.

## Boss

**Meaning**: The person in charge (at the top) at work.

### **Examples**:

My boss is terrible.

I want to be the *boss* one day.

The most important thing at work to me is having a good *boss*.

## **Break Down**

**Meaning**: Describes something that stops working (a car, for example) or when a person gets upset. Broke down = past.

#### **Examples**:

My car is going to *break down* soon. It's making a terrible noise.

He *broke down* after hearing that his father died.

My computer *broke down* at the worst time. I had to finish a report.

## Breakfast

**Meaning**: A morning meal.

#### **Examples**:

I usually have cereal or a smoothie for *breakfast*.

My husband skips *breakfast*. I think it's terrible for his health.

I never have time to eat *breakfast* so I just drink some coffee.

### **Business trip**

**Meaning:** Travel for work.

#### **Examples**:

I have a *business trip* next week.

You go on so many *business trips*.

I hate *business trips*. I don't like being away from home.

# Call

### **Meaning:** To use a phone to talk to somebody.

### **Examples**:

Do people *call* each other these days? I mostly text.

Please *call* me back.

I'll *call* you next week and we can talk more about this.

## Calm down

#### Meaning: Relax.

#### **Examples**:

Hey, *calm down*. It's not a big deal.

It's hard for me to *calm down* and go to sleep right after work.

You need to *calm down*. Stop yelling.

## **Car accident**

**Meaning:** When a car hits an object, another car, person, etc.

#### **Examples**:

I got into a *car accident* last year.

Have you ever been in a *car accident*?

I'm lucky. I've never been in a *car accident*.

### **Practice** #2

bank, big plans, calm down, best of luck, between, car accident, big, bird, broke down, business trip

- 1. Do you have any \_\_\_\_\_ for the weekend?
- 2. Do you want to sit \_\_\_\_\_me and your dad?
- 3. That is a \_\_\_\_\_ car! It's probably terrible on gas.
- 4. My car \_\_\_\_\_ last might and my boyfriend had to come help me.
- 5. Hey, \_\_\_\_\_. This isn't that important.
- 6. I'm going on a \_\_\_\_\_ to Norway next month.
- 7. Can we stop by the \_\_\_\_\_ so I can get some cash?
- 8. \_\_\_\_\_ on your exam! I hope it goes well.

#### Answers

- 1. big plans
- 2. between
- 3. big
- 4. broke down
- 5. calm down
- 6. business trip
- 7. bank
- 8. best of luck

# Cash

Meaning: Physical money (coins and bills).

### **Examples**:

Does anyone carry *cash* these days?

I'll pay with *cash*, please.

Sorry, we don't take *cash*. Credit cards only.

# Catch a cold

**Meaning**: Get sick with a runny hose, sore throat, headache, fever, cough, etc. Caught a cold = past tense.

#### **Examples**:

I can't come to work today. I *caught a cold*.

I'm scared of *catching a cold* from my sick husband.

I *caught a terrible cold* last year and it lasted for a month.

# **Catch my breath**

**Meaning:** Stop and take a break after a busy period.

#### **Examples**:

Give me a minute to *catch my breath*.

Are you okay? Sit down and *catch your breath*.

I need a vacation to *catch my breath*. I've been working non-stop for months now.

## **Catch the bus**

**Meaning:** Get on the bus.

#### **Examples**:

Where can I *catch the bus* to city hall?

You have to *catch bus #17* to the train station first.

We can *catch the bus* if we run!

## **Check out**

**Meaning:** Have a look at something.

### **Examples**:

Do you want to *check out* that new Italian restaurant this weekend?

Let's *check out* that James Bond movie tonight.

Did you *check out* that wine festival last weekend?

## Children

Meaning: Kids, young people.

### **Examples**:

Do you have any *children*?

Can *children* come to your wedding?

My children will come too if that's okay?

## **Chill out**

**Meaning:** Relax; take a break.

#### **Examples**:

Hey, *chill out*. You don't need to get angry about this!

I'm going to just *chill out* at home this weekend. I've been so busy working lately.

I go for a walk outside when I need to *chill out*.

## Chores

**Meaning**: Things someone has to do around the house. For example, clean the bathroom or do laundry.

#### **Examples**:

My favourite *chore* is washing dishes but I hate vacuuming.

What *chores* do you want to do this week? You need to choose two.

Let's finish our *chores* on Saturday morning and then we can go out and have fun.

## City

**Meaning**: Examples are Tokyo, London, Toronto, etc. Cities = more than 1.

#### **Examples**:

I think Vancouver is the best *city* in the world.

Which *cities* did you visit in Italy?

My *city* is very friendly.

## Clean up

### Meaning: Tidy; clean.

### **Examples**:

*Clean up* your room!

Let's *clean up* the garage this weekend.

Can you help me *clean up* the kitchen?

## **Coffee date**

**Meaning:** Meeting with someone over coffee. Can be romantic, or not.

### **Examples**:

We should have a *coffee date* soon.

Can we schedule a *coffee date* for next week?

Ask her out on a *coffee date*. I think she'll say yes.

# Cold

**Meaning**: Very cool. Opposite of hot.

### **Examples**:

It's so *cold* in here! Do you have a blanket?

It's supposed to be very *cold* outside tomorrow. Make sure you have a hat and gloves.

I like to drink very *cold* beer.

## Company

**Meaning**: A group of people who work together. For example, Apple, Walmart, Tesla, etc.

#### **Examples**:

Which *company* do you work for?

My *company* has great benefits.

Google is the best *company* to work for.

### Concert

**Meaning**: A music performance.

#### **Examples**:

Do you want to go to the Dua Lipa *concert* with me?

Have you been to any *concerts* lately?

I love going to *concerts* but I wish they weren't so late at night.

## Concession

**Meaning:** A place where you can buy snacks or drinks at a sports event, movie theater, etc.

#### **Examples**:

I'm hungry! Let's go to the *concession*.

Is there a *concession* here? Let's get some lunch.

There's nothing healthy at this *concession*. I'll just eat when we get home.

## **Practice** #3

cash, company, catch my breath, cold, catch the bus, check out, city, chill out, clean up, coffee date, concession

- 1. Let's \_\_\_\_\_ at home this weekend. I'm so tired.
- 2. I need to take a break to \_\_\_\_\_.
- 3. Which \_\_\_\_\_ are you working for now?
- 4. Please \_\_\_\_\_ your dishes from breakfast.
- 5. Is there a \_\_\_\_\_ here? Let's get a snack for the game.
- 6. How was your \_\_\_\_?
- 7. Where can I \_\_\_\_\_ to downtown?
- 8. Do you have \_\_\_\_\_ on you? They don't take credit cards.

#### Answers

- 1. chill out
- 2. catch my breath
- 3. company
- 4. clean up
- 5. concession
- 6. coffee date
- 7. catch the bus
- 8. cash

## **Cook dinner**

**Meaning:** Make food for an evening meal.

### Example:

What should we *cook for dinner* tonight?

I don't feel like *cooking dinner*. Let's go out tonight.

Can you *cook dinner* for the kids today? I won't be home until after 6:00.

# Cool

Meaning: Hip; awesome; great.

### **Examples**:

That's so *cool* that you're going to Europe next month!

He's looking so *cool* with that new haircut.

I wish I was *cooler* but I have no style.

## Country

**Meaning**: Canada, England, and Japan are examples.

#### **Examples**:

Which *country* do you want to visit next?

I've been to 23 *countries*.

My favourite *country* besides Canada is Italy.

## **Co-workers**

**Meaning:** People that work together.

### **Examples:**

Do you like your *co-workers*?

I only have four *co-workers*. I work at a small company.

I don't know all my *co-workers*. There are hundreds of people in my building.

## Cut back on

**Meaning:** Reduce; consume or use less.

### **Examples**:

I want to *cut back on* drinking beer this year.

We need to *cut back on* eating out. It's too expensive.

I don't want to keep using credit cards. Let's c*ut back on* going out.

## Day

**Meaning**: 24 hour period, or not at night.

### **Examples**:

How many *days* are you going camping? I like driving during the *day* but not at night. Which *day* is the party? Friday or Saturday?

# Day off

**Meaning:** Not working or going to school.

### **Examples**:

What do you like to do on your *day off*?

I don't have many *days off* from work and school.

Sunday and Monday are my days off.

## Dinner

**Meaning**: An evening meal.

#### **Examples**:

Do you want to have *dinner* together next week?

We should invite Shannon over for *dinner* next week.

For *dinner*, you can have pizza or veggie burgers. What do you want?

## **Dinner party**

**Meaning:** A gathering where the host cooks dinner for everyone.

#### **Examples**:

I'm going to a *dinner party* tonight at Eric's house.

Let's have a *dinner party* next month.

I love hosting *dinner parties*.

# Dishes

**Meaning**: What you use to eat or drink. Examples are plates, cups, and bowls.

#### **Examples:**

I'll wash the *dishes* and you can dry them.

So many *dishes* broke when I moved. I dropped that box.

Let's give away some of these *dishes*. They don't fit in our kitchen.

## Dishwasher

**Meaning**: A machine that washes dishes.

### **Examples**:

Let's buy a *dishwasher*! I hate washing dishes.

My *dishwasher* isn't working well. The dishes are usually dirty.

I like this apartment but it doesn't have a *dishwasher*.

### Downtown

**Meaning:** The center of a city, usually with tall office buildings.

#### **Examples**:

There's lots of traffic *downtown*.

I work *downtown*. There are lots of good restaurants and bars.

Living *downtown* is so expensive in Vancouver.

# Dream job

Meaning: An ideal job.

#### **Examples**:

What's your *dream job*?

My *dream job* is to be a teacher.

Ted has found his *dream job* as a lawyer.

### **Dress up**

**Meaning**: Wear something nice (for example, at a wedding), or unusual (for example, at Halloween).

#### **Examples**:

Are you going to *dress up* for Halloween?

Let's *dress up* and go for a nice dinner tonight.

Do I have to *dress up* for your work party?

### **Practice** #4

cook dinner, day, cool, countries, co-workers, day off, cut back on, downtown, dinner party, dream job, dress up

- 1. Ted is having a \_\_\_\_\_ and he invited me.
- 2. What are you going to do on your \_\_\_\_\_?
- 3. My \_\_\_\_\_ are terrible. They are so lazy.
- 4. Which \_\_\_\_\_\_ in Europe have you been to?
- 5. I'm going to \_\_\_\_\_ now. I'll talk to you later.
- 6. I want to \_\_\_\_\_ on eating out to save some money.
- 7. Do you like living \_\_\_\_\_?
- 8. Do I need to \_\_\_\_\_ for the party?

#### Answers

- 1. dinner party
- 2. day off
- 3. co-workers
- 4. countries
- 5. cook dinner
- 6. cut back on
- 7. downtown
- 8. dress up

## Dude

Meaning: Guy, man, person (informal).

#### **Examples:**

*Dude*! I can't believe you made that jump. It was amazing.

He's such a weird *dude*! I can't figure him out.

*Dude*! Let's get a beer after you're done work.

# **During the summer**

**Meaning:** Something that happens in the summer months (approximately June-August in North America).

#### **Examples**:

*During the summer*, I like to be outside.

What do you usually do *during the summer*?

*During the summer*, I want to finish writing my book.

### Easy

**Meaning**: Not difficult.

#### **Examples**:

Was the test *easy*?

You can do that hike. It's an *easy* one.

I'll play tennis with you but go *easy* on me! I'm not good at it.

## Eat out

**Meaning:** Buying food outside the home that is already cooked. Usually at a restaurant.

#### **Examples**:

I love to *eat out*. It's my favourite hobby.

We're spending so much money *eating out*. Let's cook at home more.

I usually *eat out* for lunch at work.

# **Emergency room (ER)**

**Meaning:** Place to get immediate medical treatment.

#### **Examples**:

You should go to the *emergency room*. That looks bad.

I had to take my son to the *ER* last night. He got hit in the head with a baseball.

I broke my leg and had to wait for 10 hours in the *emergency room*.

### Exam

#### Meaning: Test.

#### **Examples**:

When's your *exam*? Next week, right?

I can't hang out. I have to study for my *exam*.

That *exam* was so difficult. I think I failed.

## Eyes

**Meaning**: The body part that you use to see.

#### **Examples**:

My *eyes* are terrible. I need glasses.

What colour are your *eyes*? Green or blue?

You have beautiful *eyes*.

# **Extended family**

**Meaning:** Aunts, uncles, cousins, grandparents, etc. Not mother, father, brothers, sisters.

#### **Examples**:

Do you have a big *extended family*?

My *extended family* goes on a camping trip every year.

None of my *extended family* lives near me.

### Fantastic

Meaning: Really good.

#### **Examples**:

Congratulations! That's *fantastic* news.

I had a *fantastic* trip. I hated coming back home.

He's a *fantastic* teacher. Your son is lucky to have him.

### **Final score**

**Meaning:** The outcome of a game.

#### **Examples**:

What was the *final score*?

The final score was 3-2.

The *final score* was 5-2, for the other team. We played well though.

## Find out

**Meaning**: Discover. Found out = past tense.

#### **Examples**:

Did you *find out* your final grade yet?

Guess what I found out?

I *found out* why Ted can't come to our wedding.

# Finish

**Meaning**: Complete something.

#### **Examples**:

Did you finish your homework?

Let's *finish* this report. Then we can go home.

I want to *finish* my degree! I'm so tired of studying. One more year.

# First aid

**Meaning:** Basic medical help from someone who is not a medical professional.

#### **Examples**:

I'm taking a *first aid* course this weekend.

Is there a *first aid* station? I got a small cut.

We should buy a *first aid* kit to keep in the car with us.

# **First date**

**Meaning:** Spending time together with a romantic interest for the first time.

#### **Examples**:

I have a *first date* tonight. I hope that it goes well.

Keith and I had an amazing *first date*.

I go on many *first dates* but fewer second ones.

### **Practice #5**

dude, eat out, during the summer, emergency room, exam, extended family, fantastic, final score, find out, first aid, first date

- 1. What was the \_\_\_\_?
- 2. I \_\_\_\_\_\_ way too much. It's a waste of money.
- 3. Do you have \_\_\_\_\_ near you?
- 4. \_\_\_\_\_, I usually get a part-time job.
- 5. I'm a nurse in the \_\_\_\_\_ at Royal Colombian hospital.
- 6. \_\_\_\_\_, nice car!
- 7. How did the \_\_\_\_\_ go?
- 8. That concert was \_\_\_\_\_. What did you think?

#### Answers

- 1. final score
- 2. eat out
- 3. extended family
- 4. during the summer
- 5. emergency room
- 6. dude
- 7. exam
- 8. fantastic

# Flyers

**Meaning:** Paper advertisements that are delivered to houses.

#### **Examples**:

Does anyone look at *flyers*?

I hate getting all these *flyers*.

Have a look at the *flyers*. I want to buy a new TV. Let's see if there are any sales.

# Food

**Meaning**: Something that you eat.

#### **Examples**:

What's your favourite kind of *food*?

My kids love junk *food*.

I hate shopping for *food*.

# Free

**Meaning**: Describes something that doesn't cost any money.

#### **Examples**:

I got a *free* couch this weekend from my friend who was moving.

It's so cheap it's almost *free*!

I need to find a new bed for *free*. Mine broke but I don't have any money.

## Free time

**Meaning:** Leisure time when not working or studying.

#### **Examples**:

What do you like to do in your *free time*?

I don't have much *free time* since I had kids.

In my *free time*, I love to play sports with friends.

# Friend

**Meaning**: A person that you have a good relationship with and like spending time with. Not a family member or husband/wife.

#### **Examples**:

I have lots of good *friends* at work.

Where can I meet some new *friends*?

My *friends* and I love to watch movies together.

# **Fruits and vegetables**

Meaning: Fruits (banana, apple, etc.) and vegetables (carrot, onion, etc.).

#### **Examples**:

I want to eat more *fruits and vegetables* this year.

My kids hate *fruits and vegetables*.

I love all kinds of *fruits and vegetables*, except for bananas and eggplant.

## Get online

**Meaning:** Use the Internet.

#### **Examples**:

How do you get online?

Is there a way that we can help seniors *get online*?

How can I *get online* here? Is there a WiFi password?

# **Get plenty of sleep**

**Meaning:** Sleep eight hours a night.

#### **Examples**:

You need to *get plenty of sleep*.

I *get plenty of sleep*—7 or 8 hours a night.

Kids need to *get plenty of sleep* to do well at school.

## **Get serious**

**Meaning:** Start taking something more seriously.

#### **Examples**:

I need to *get serious* about saving money.

Let's *get serious* about getting in shape!

You need to *get serious* about school. You're failing math.

# Get together with

**Meaning:** See; hang out with.

#### **Examples**:

We should *get together with* Jill and Cayla next weekend.

Let's *get together with* your parents soon.

It's been a while. Let's *get together with* our families soon.

# Give up

**Meaning**: Stop trying; quit/stop using something.

#### **Examples**:

I'm trying to *give up* smoking.

Don't *give up*! You can do it.

I know you want to *give up* but you only have 3 more classes and then you'll be done.

### Glasses

**Meaning**: Something you wear over your eyes to help you see better.

#### **Examples**:

I have to get new *glasses*.

Did you get new *glasses*? They look nice!

I need to get *glasses* before I can get my driver's license.

# **Good sense of humour**

**Meaning:** Describes someone who likes to laugh and tell jokes. No sense of humour = opposite.

#### **Examples**:

Does your teacher have a *good sense of humour*?

My boyfriend has a *good sense of humour*.

She has no sense of humour.

# **Good with computers**

**Meaning:** Describes someone who knows how to use computers well.

#### **Examples**:

Are you good with computers?

Everyone calls me to help them because I'm *good with computers*.

I'm not *good with computers*. I always have to call my son.

### **Practice #6**

flyers, good with computers, food, get plenty of sleep, free time, get serious, fruit and vegetables, get online, give up, get along with, good sense of humour

- 1. Do you know anyone who is \_\_\_\_\_? I need some help.
- 2. What do you like to do in your \_\_\_\_?
- 3. I want to eat more \_\_\_\_\_.
- 4. \_\_\_\_\_. We can't finish that by tonight.
- 5. Don't \_\_\_\_\_! I know you can pass that test if you study.
- 6. It's difficult for seniors to \_\_\_\_\_.
- 7. Do you \_\_\_\_\_ your co-workers?
- 8. I want to date somebody with a \_\_\_\_\_.

#### Answers

- 1. good with computers
- 2. free time
- 3. fruit and vegetables
- 4. Get serious
- 5. give up
- 6. get online
- 7. get along with
- 8. good sense of humour

# **Good with money**

**Meaning:** Someone who knows how to handle money well.

#### **Examples**:

Tom is *good with money*. Why don't you ask him for some advice?

I wish I was *good with money*! I'm tired of being broke.

It's not impossible to be *good with money*. Just stop buying things!

## Got lost

**Meaning:** Didn't know where you were. Get lost = present tense.

#### **Examples**:

The hike was so long! We *got lost* a couple of times.

I'm famous for *getting lost*, even in my neighborhood.

I *got lost* so many times when I was in San Francisco.

## Go to the doctor

**Meaning:** Have an appointment with a doctor.

### **Examples**:

You should *go to the doctor*. It sounds serious.

I have to *go to the doctor* tomorrow. Can you take me?

I *went to the doctor* yesterday. She gave me some medicine.

### Government

**Meaning**: The group of people in charge of a city, state/province or country.

#### **Examples**:

The *government* is doing a terrible job running my city.

The Canadian *government* changes every 4-5 years.

There are many *government* offices near where I live.

## Grumpy

**Meaning**: Not happy; in a bad mood.

#### **Examples**:

What's up with Ted? He's so *grumpy* these days.

I usually feel *grumpy* in the morning.

I'm *grumpy* if I don't have enough coffee.

### Hang on

#### Meaning: Wait.

#### **Examples**:

*Hang on* a minute. Let me take a look.

*Hang on*. I need a few minutes to eat dinner before we go.

Can you *hang on*? I'm not ready to go yet.

## Hang out

**Meaning:** Spend time in a relaxed way.

### **Examples**:

Do you want to *hang out* this weekend?

I'm *hanging out* with Tommy this weekend.

I like to *hang out* in coffee shops.

### Hangover

**Meaning:** Feeling sick because of drinking too much the night before.

#### **Examples**:

Ughhh...I have a terrible *hangover*.

I never used to get *hangovers* when I was younger.

No more beer. I don't want to have a *hangover* tomorrow. I have to work.

# Happily married

**Meaning:** A good marriage.

### **Examples**:

Tony and I are *happily married*.

Do you think Tim and Sarah are *happily married*? They fight all the time.

I was *happily married* for 10 years but then my wife died.

## Have a drink

Meaning: Drink alcohol.

### **Examples**:

Do you want to *have a drink* after work?

Let's *have a drink* this weekend.

I like to *have a drink* on Friday nights.

# Health

**Meaning**: State of wellness; not sick or ill.

### **Examples**:

*Health* is so important!

I want to focus on my *health* this year.

My doctor said I need to stop smoking for my *health*.

## **Practice #7**

good with money, health, hangover, got lost, hang out, go to the doctor, hang on, government, grumpy, happily married, have a drink

- 1. I want to focus on my \_\_\_\_\_ this year.
- 2. I've been \_\_\_\_\_ for 10 years.
- 3. You should \_\_\_\_\_. That cough sounds terrible.
- 4. \_\_\_\_\_ a second. That doesn't look right.
- 5. I went hiking but I \_\_\_\_\_. It was a long day!
- 6. I never used to get a \_\_\_\_\_ when I was in university.
- 7. Isn't Tony \_\_\_\_\_? Let's ask him for some advice.
- 8. Do you want to \_\_\_\_\_ this weekend?

### Answers

- 1. health
- 2. happily married
- 3. go to the doctor
- 4. hang on
- 5. got lost
- 6. hangover
- 7. good with money
- 8. hang out

### Heat wave

**Meaning:** Several very hot days in a row.

#### **Examples**:

We're in the middle of a *heat wave* here in Vancouver.

*Heat waves* are more common now because of global warming.

How do you stay cool during a *heat wave*?

# High school

**Meaning:** Last 3-4 years of school (approximately grades 9-12).

### **Examples**:

I graduated from *high school* in 2001.

I'm going to start *high school* next year.

I hated *high school*! University was much better.

# History

**Meaning**: What happened in the past. Also, a school subject.

### **Examples**:

I hated *history* in school.

*History* is so interesting to me.

Tim is ancient *history*. I don't even think about him these days.

# Hold on

### Meaning: Wait.

### **Examples**:

*Hold on*. It'll just take another minute.

Please *hold on*! I'll be ready in five minutes.

*Hold on*. You can't go in yet.

## **Holiday season**

**Meaning:** Generally refers to November and December in North America, Europe and other places around the world. Approximately from American Thanksgiving to New Year's.

#### **Examples**:

Do you have any plans for the *holiday season*?

The *holiday season* is always so busy for me.

I love the *holiday season*. Good food, friends and parties.

## Homework

**Meaning**: Work/assignments that students have to do at home.

#### **Examples**:

Do you have any *homework* tonight?

Your teacher gives you so much *homework*!

I hate doing *homework*.

# Hospital

**Meaning:** A large place where sick people get treatment.

### **Examples**:

You should go to the *hospital*. It looks serious.

My wife is in the *hospital*. She'll have our baby soon.

I need to visit my friend in the *hospital* tonight.

## Hot

Meaning: Very warm. Opposite of cold.

#### **Examples**:

Wow! It's *hot* in here. Do you have a fan?

It's supposed to be *hot* outside. Let's play tennis at night.

You feel very *hot*. You might be sick.

## House

**Meaning**: A place where people live. Usually a single building with one family.

### **Examples**:

I just bought a new *house*.

Where's your *house*? Is it close to mine?

Your *house* is so clean!

# Husband

**Meaning**: A married man.

### **Examples**:

Let me talk to my *husband* about this.

Where's my *husband*? He'd love to meet you.

My husband's name is Keith.

# I don't mind

**Meaning:** It's not something that I care about.

### **Examples**:

*I don't mind* helping you move. Just let me know.

If you don't mind, could you please give me a ride to the airport?

*I didn't mind* looking after Jenny. We had lots of fun together

## **Practice #8**

heat wave, high school, I don't mind, history, hold on, hot, holiday season, homework, hospital, house, husband

- 1. What was your favourite subject in \_\_\_\_\_?
- 2. Finish your \_\_\_\_\_ and then you can go out with your friends.
- 3. I love the \_\_\_\_\_ but I'm always so tired when it's finished.
- 4. \_\_\_\_\_ a minute! I have to get my jacket and water bottle.
- 5. What's your \_\_\_\_\_'s name?
- 6. Don't touch that! It's very \_\_\_\_\_.
- 7. \_\_\_\_\_ if you're a few minutes late. Don't worry about it.
- 8. I always found \_\_\_\_\_ boring in school.

#### Answers

- 1. high school
- 2. homework
- 3. holiday season
- 4. hold on
- 5. husband
- 6. hot
- 7. I don't mind
- 8. history

# I'm down

**Meaning:** An expression that shows you want to do the thing that the other person is suggesting. Same as, "I'm in."

#### **Examples**:

*I'm down* for drinks after work tomorrow, if you are?

Who's down for a hike this weekend?

Are you down for watching a movie on Friday?

## Information

#### **Meaning**: Knowledge.

#### **Examples**:

The first step is research. You need more *information* about this situation.

Where's the *information* desk?

Do some research before buying a car. The more *information* you have, the better.

# In the evening

**Meaning:** Some point during the nighttime hours. (approx 6 pm to midnight).

#### **Examples**:

What do you like to do *in the evening*?

*In the evening*, I'm usually tired so I just watch Netflix.

I love to go out *in the evening* with friends.

# Invite

**Meaning**: Ask someone to do something.

### **Examples**:

Do you want to *invite* a friend to a movie this weekend?

We should *invite* Carrie to go camping with us.

How many people are you going to *invite* to your wedding?

## Job

Meaning: A task; work.

### **Examples**:

What's your *job*?

I have a *job* for you to do.

What's the most interesting *job* you've had?

## Job interview

**Meaning:** An interview between an employer and a potential employee.

#### **Examples**:

I have a *job interview* at 2:00 today.

What time is your *job interview*?

I have a few *job interviews* next week. Hopefully, I can get a job!

# Junk food

**Meaning:** Food that isn't healthy.

### **Examples**:

I eat so much *junk food!* 

My teenagers love *junk food*. I worry about their health all the time.

I want to eat more fruits and vegetables this year and less *junk food*.

## Keep a secret

**Meaning:** Not telling other people what someone told you.

### **Examples**:

Can you *keep a secret*?

Tony is famous for not *keeping secrets*.

I'll tell you but only if you can *keep a secret*.

# Kill time

**Meaning:** Do something to fill time. For example, when waiting for a bus or train.

#### **Examples**:

How do I like to *kill time*? I usually waste so much time playing Candy Crush!

We have *some time to kill* before we have to pick up Carrie. What do you want to do?

I like *killing time* at the airport before a flight. I get some food and have a drink.

# Kitchen

**Meaning**: A room in a house where people cook and eat food.

### **Examples**:

My *kitchen* is too small.

My family loves hanging out in the *kitchen*.

My husband usually cleans the *kitchen* and I clean the bathroom.

# Language

**Meaning:** Words (vocabulary), and how to combine them (grammar). Examples are English, French, Korean, Spanish, Mandarin, etc.

#### **Examples**:

Which *languages* do you speak?

I only speak one *language*—English.

I love to learn new *languages*.

### **Practice #9**

information, kitchen, job interviews, I'm down, junk food, in the evening, keep a secret, invite, job, kill time, languages

- 1. I don't think Ted can \_\_\_\_\_.
- 2. \_\_\_\_\_ for hiking this weekend. Saturday or Sunday?
- 3. Kara can speak seven \_\_\_\_\_.4. How do you like to \_\_\_\_\_?
- 5. \_\_\_\_\_, I love to watch TV.
- 6. Should we \_\_\_\_\_ Jen over for dinner?
- 7. I used to eat so much \_\_\_\_\_ but my doctor told me to cut back.
- 8. I have three \_\_\_\_\_ next week.

#### Answers

- 1. keep a secret
- 2. I'm down
- 3. languages
- 4. kill time
- 5. in the evening
- 6. invite
- 7. junk food
- 8. job interviews

## Last

**Meaning**: The final one (for example, the last banana). Or, the previous one when talking about time (for example, last weekend).

#### **Examples**:

Is this the *last* slice of pizza?

It's the *last* five minutes of the game. Can they score a goal?

What did you do *last* weekend?

### Last week

**Meaning:** The previous week.

### **Examples**:

*Last week* was so busy.

I did laundry *last week*. Why is nothing clean now?

What did you do *last week*? You were on vacation, right?

## Laundry

**Meaning:** Refers to clothes that are either dirty or after they have been washed but not put away yet.

#### **Examples**:

I have no clean *laundry*.

My teenagers have to do their own *laundry* now.

Please put away your *laundry* before dinner.

## Law

**Meaning**: A rule in society that should be followed. For example, not stealing.

#### **Examples**:

The worst *law* in Canada is not being able to drink alcohol in parks.

*Laws* protect property and people.

I want to study the *law* and become a lawyer after high school.

## Lazy

Meaning: Not motivated. Describes someone who wastes lots of time.

### **Examples**:

My kids are so *lazy*! They never want to do chores.

I'm so *lazy* on weekends because I work so much.

I like Kris but he's *lazy* and plays video games all the time.

### Leave

**Meaning**: Depart, go somewhere else.

### **Examples**:

It's time to *leave*.

Please *leave*. I don't want to talk to you.

We're going to *leave* at 10:30. Is that okay for you?

## Lend me a hand

**Meaning:** Give me some assistance.

### **Examples**:

Can you please *lend me a hand* this weekend with moving?

Why don't I *lend you a hand* with that? It looks heavy.

Can I *lend you a hand*? I can carry those bags to your car.

### Let me know

**Meaning:** Tell the outcome of something.

### **Examples**:

Please *let me know* if you can come tonight.

I'll *let you know* later.

Did Tom *let you know* if he can come?

## Library

**Meaning**: A place that you can borrow books from.

### **Examples**:

Let's study at the *library* tonight.

Can we go to the *library*? I have to return some books.

The *library* is one of my favourite places.

## Little

### Meaning: Small.

### **Examples**:

Let's take a *little* break.

I'll have a *little* bit of cake, please.

Ahhh...that puppy is so *little* and cute!

### Long time, no see

**Meaning:** An expression you can say to someone if you haven't seen them in a few months or a year.

#### **Examples**:

*Long time, no see*! How are you doing?

Long time, no see! It's been almost a year, right?

Long time, no see. It's great to see you again.

## Practice #10

last week, let me know, leave, laundry, law, library, little, lend me a hand, long time no see, lazy, last

- 1. Please \_\_\_\_\_ if you can't come.
- 2. Do you want to go to the \_\_\_\_\_ this weekend?
- 3. I just hang out at home all the time! My kids are so \_\_\_\_\_.
- 4. I hate doing \_\_\_\_\_.
- 5. What time do you want to \_\_\_\_\_?
- 6. Can you \_\_\_\_\_ with my fence?
- 7. I'm so \_\_\_\_\_ and never exercise.
- 8. I broke the \_\_\_\_\_ when I was a teenager. I stole something from a store.

#### Answers

- 1. let me know
- 2. library
- 3. little
- 4. laundry
- 5. leave
- 6. lend me a hand
- 7. lazy
- 8. law

## Look after

**Meaning**: Take care of someone or something.

### **Examples**:

Can you *look after* Tim on Friday night?

Do you have someone to *look after* the house when you're on vacation?

Who's *looking after* your cats when you're camping?

## Lost and found

**Meaning:** A place to look for something that you've lost.

### **Examples**:

Excuse me, do you have a *lost and found*? I left my guitar on the train yesterday.

Have you checked the *lost and found*? They have a lot of water bottles there.

I think we'll be able to find your jacket in the *lost and found*. Let's take a look.

## Lunch

**Meaning**: The meal in the middle of the day.

### **Examples**:

What do you want to eat for *lunch*?

Let's go out for *lunch* tomorrow.

I usually skip *lunch* because I have so much work.

### Make money

**Meaning:** Do a job, task, etc. to get paid.

### **Examples**:

I want to *make money*! I have to get a part-time job.

I need to *make more money*. Vancouver is expensive.

If you want to *make money*, you need to get a job.

## Map

**Meaning**: A picture showing locations and places.

### **Examples**:

Is that a *map*? Let's see where that store is.

I use Google *Maps* all the time when I'm driving.

Let's stop and look at that *map*. I think we're lost

## Minimum wage

**Meaning:** The minimum amount of money a job can legally pay (set by the government).

#### **Examples:**

The *minimum wage* in British Colombia is \$16.20/hour.

I get paid *minimum wage*.

We need to increase the *minimum wage* in the U.S.A.

### Money

**Meaning**: How you pay for things. In North America, refers to dollars and cents. In Europe, Euros. For example, \$3.25.

#### **Examples**:

That's a lot of *money*!

Do you have enough *money* for that?

I need a job where I make more *money*.

## Month

Meaning: 30 or 31 days (February has 28).

### **Examples**:

My favourite *month* is July because I love hot weather.

The shortest *month* is February.

December is the *month* with a lot of parties.

## Morning

**Meaning**: The early part of the day, before lunch.

### **Examples**:

What time do you get up in the *morning*?

I drink lots of coffee in the *morning*.

I get lots of work done in the *morning*.

## **Practice #11**

look after, make money, lost and found, lunch, map, minimum wage, money, month, morning

- 1. I'll get a job this summer. I need to \_\_\_\_\_.
- 2. I wish the \_\_\_\_\_ were higher in the USA.
- 3. Which \_\_\_\_\_\_ is your birthday in?
- 4. It's always a good idea to take a \_\_\_\_\_ when you go hiking.
- 5. Where should we go for \_\_\_\_?
- 6. Sorry, I have to go home right now. I need to \_\_\_\_\_ my kids.
- 7. Maybe your umbrella is in the \_\_\_\_\_?
- 8. What time do you wake up in the \_\_\_\_\_?

#### Answers

- 1. make money
- 2. minimum wage
- 3. month
- 4. map
- 5. lunch
- 6. look after
- 7. lost and found
- 8. morning

### **Movie stars**

**Meaning:** Famous actors or actresses.

### **Examples:**

Do you have a favourite *movie star*?

I think *movie stars* make way too much money.

Sandra Bullock is my favourite *movie star*.

## **Movie theater**

**Meaning:** Place you watch movies.

### **Examples**:

Which *movie theater* should we go to? They both have that movie you want to watch.

Do you like going to the *movie theater* or do you prefer watching at home?

*Movie theater* popcorn is so delicious.

## Neighborhood

**Meaning:** An area where people live.

### **Examples**:

What's your *neighborhood* like?

I want to move. My *neighborhood* has a lot of crime.

My *neighborhood* is changing these days. There are more young families.

### Never

**Meaning**: Not at all; at no time.

### **Examples**:

I never smoke.

I've *never* tried bungee-jumping.

My wife said she'll *never* watch hockey with me.

## Next time

**Meaning:** When it happens again, in the future.

### **Examples**:

Don't worry about it. You can pay for dinner *next time*.

*Next time*, let's try that new Thai restaurant.

Can we play badminton *next time*? I'm tired of tennis.

### Next weekend

**Meaning:** The following Saturday and Sunday.

### **Examples**:

What are you doing *next weekend*?

Do you want to hang out *next weekend*?

*Next weekend*, I'm leaving for Japan.

# Night

**Meaning**: Evening when it's dark; between sunset and sunrise. Approximately 5 pm to 5 am.

#### **Examples**:

I don't like driving at *night*.

Most people sleep at *night*. But, some people have to work.

I like to stay up late on Friday *night*.

### No rush

#### **Meaning:** Don't hurry.

### **Examples**:

No rush. I can wait.

Take your time. *No rush*. The movie starts at 7:30. We have lots of time.

*No rush* on that. I can pick them up next week.

### No worries

#### Meaning: It's okay.

#### **Examples**:

Oh, *no worries* about that. I didn't even think about it.

Hey, *no worries* about cancelling for tomorrow. I have lots of work to do.

No worries at all. I'm fine.

### Once

**Meaning**: One time (1x)

#### **Examples**:

I've only played tennis *once*. I was terrible.

You've only tried strawberries *once*! Try them again and you might like them.

I'll try most things once.

## **Once in a while**

Meaning: Sometimes; not often.

#### **Examples**:

Soccer isn't my favourite sport but I will play it *once in a while*.

*Once in a while*, I like to go out for lunch. I usually bring my lunch from home to save money though.

Don't tell Ted but I smoke *once in a while* with my friends.

## **Practice** #12

movie star, never, movie theater, no rush, neighborhood, next time, next weekend, once, no worries, once in a while

- 1. \_\_\_\_\_. I don't need it until next week.
- 2. I've only tried skydiving \_\_\_\_\_.
- 3. I like to watch movies \_\_\_\_\_.
- 4. Who's your favourite \_\_\_\_\_?
- 5. What's your \_\_\_\_\_ like?
- 6. Don't worry about it. You'll get it \_\_\_\_\_.
- 7. Which \_\_\_\_\_ do you want to go to?
- 8. I \_\_\_\_\_ drink alcohol.

#### Answers

- 1. no rush
- 2. once
- 3. once in a while
- 4. movie star
- 5. neighborhood
- 6. next time
- 7. movie theater
- 8. never

# **Online dating**

**Meaning:** Finding a love match through the Internet.

### **Examples**:

Have you ever tried online dating?

I met my wife through *online dating*.

What's your favourite app for *online dating*?

# **Online shopping**

**Meaning**: Buying things using the Internet.

### **Examples**:

I prefer *online shopping* to going to stores.

I hate *online shopping*, especially for clothes and shoes. I like to try things on first.

There are some big advantages to *online shopping*, especially for comparing prices.

## Out of shape

**Meaning:** Not in good health from bad diet or lack of exercise.

### **Examples**:

I'm so *out of shape*. I get tired walking up the stairs.

I hate being *out of shape* but it's hard to exercise since I broke my leg.

My trainer told me that I'm not *out of shape*. I don't believe her though.

# Parking

**Meaning:** A place to put a car when you're not driving it.

### **Examples**:

*Parking* is so expensive in Toronto. Let's take the subway.

Help me look for *parking*, okay? It's busy around here.

There must be some free *parking*. Let's keep looking.

# Part-time job

**Meaning:** A job that is less than 40 hours per week.

### **Examples**:

I had a *part-time job* at Burger King when I was in high school.

I need more money! I'm looking for a *part-time job*.

Did you have a *part-time job* when you were a student?

## Person

**Meaning**: A human being (1). People = more than 1.

### **Examples**:

Do you know that *person*?

There are lots of *people* at the park today.

Which *person* are you talking about? The one with red hair?

# Pick up

#### Meaning: Get.

#### **Examples**:

I have to *pick up* Tom from soccer tonight at 6:30.

Let's *pick up* a pizza for dinner tonight.

Do you want to *pick up* some groceries on your way home from work?

## Place

Meaning: Location.

### **Examples**:

What's your favourite *place* to study?

This *place* is so beautiful.

Where's the quietest *place* in your house?

# Police

**Meaning**: A group of people who enforce laws/maintain order in a society. Slang = cops, coppers, po-po.

#### **Examples**:

Should we call the *police*?

There's a *police* station down the street from my house.

There were lots of *police* at the protest yesterday.

# Problem

**Meaning**: Negative situation or thing.

### **Examples**:

My *problem* is that I hate studying!

What's the *problem*?

Keith always has so many *problems*.

## **Practice #13**

online dating, problem, online shopping, police, out of shape, place, parking, part-time job, person, pick up

- 1. Can I help you? What's the \_\_\_\_?
- 2. What kind of \_\_\_\_\_ are you looking for?
- 3. I'm so \_\_\_\_\_. Please slow down.
- 4. Let's \_\_\_\_\_ a pizza for dinner.
- 5. I prefer \_\_\_\_\_ to stores for most things.
- 6. Have you ever tried \_\_\_\_\_?
- 7. There's a \_\_\_\_\_ station near my house.
- 8. Help me look for \_\_\_\_\_.

#### Answers

- 1. problem
- 2. part-time job
- 3. out of shape
- 4. pick up
- 5. online shopping
- 6. online dating
- 7. police
- 8. parking

## Put away

**Meaning:** Return something to the proper location.

### **Examples**:

Please *put away* your bag and jacket when you get home from school.

Let's *put away* all these toys before dinner.

Just a minute. I have to *put away* this equipment before I go home for the day.

## **Quarter to**

**Meaning:** 15 minutes until the hour. For example, 10:45 or 2:45.

### **Examples**:

See you soon. I'll be there at *quarter to*.

Let's meet at *quarter to* seven.

It's *quarter to* six now. I'll pick you up at six. Will you be ready?

# **Quick snack**

**Meaning:** Something small and easy to eat between meals.

### **Examples**:

Let me grab a *quick snack* before we go. I didn't eat lunch.

Can we stop to get a *quick snack*? How about at the gas station?

Let's just have a *quick snack* now. We can have popcorn at the movie theater later.

# **Quit smoking**

**Meaning:** Stop using cigarettes.

### **Examples**:

The doctor said that I need to *quit smoking*.

I'm trying to *quit smoking* but it's very difficult.

I *quit smoking* about five years ago.

## Recycle

**Meaning:** To use something again.

### **Examples**:

Don't throw that newspaper out. You can *recycle* paper.

Where can I *recycle* a TV?

You can't *recycle* glass jars in my city.

# Refreshing

Meaning: Cool and nice.

### **Examples**:

A glass of ice water is *refreshing* on a hot day.

I like cold showers. They're so *refreshing*.

This cold beer is so *refreshing*.

## Renew

**Meaning:** Extend the time period for something.

### **Examples**:

How can I *renew* my driver's license?

I have to *renew* my car insurance.

Oh, you didn't know? You have to *renew* your certification each year. You can do it online.

# Road

**Meaning**: A place where cars travel.

### **Examples**:

Look both ways before crossing the *road*.

This *road* has many potholes.

We need a new *road* around the city.

# **Run into**

**Meaning**: See someone unexpectedly. Ran into = past.

### **Examples**:

Guess who I ran into at Starbucks?

I love it when I *run into* an old friend or neighbor.

I *ran into* my son's teacher at the library.

# **Running late**

**Meaning:** Behind schedule.

### **Examples**:

Sorry, I'm *running late*. I'll be there in 10 minutes.

I'm *running late*. Can we change our meeting time to 6:30?

Please let me know if you're *running late*.

# **Running out of time**

Meaning: Lacking time.

#### **Examples**:

We're *running out of time*. Hurry up.

You're *running out of time* to finish your homework before soccer.

I'm *running out of time* to save money for retirement.

## **Practice** #14

put away, running out of time, quarter to, running late, quick snack, ran into, quit smoking, road, renew, recycle, refreshing

- 1. We're \_\_\_\_\_ to finish this. Hurry up!
- 2. Guess who I \_\_\_\_\_ at the shopping mall?
- 3. I've tried to \_\_\_\_\_\_ so many times but it hasn't worked.
- 4. Do you know where I can \_\_\_\_\_ an old computer?
- 5. Do you want to \_\_\_\_\_ your membership?
- 6. Look both ways before crossing the \_\_\_\_\_.
- 7. Let's meet at \_\_\_\_\_ seven.
- 8. Grab a \_\_\_\_\_. I'm not buying you anything when we're out.

#### Answers

- 1. running out of time
- 2. ran into
- 3. quit smoking
- 4. recycle
- 5. renew
- 6. road
- 7. quarter to
- 8. quick snack

# **Rush hour**

**Meaning:** The busiest times to drive, usually in the morning and after work.

#### **Examples:**

*Rush hour* traffic is terrible in Vancouver.

I hate coming home from work during *rush hour*.

I avoid driving during *rush hour*.

## Save money

**Meaning:** Have more money in the bank by not wasting money on unnecessary things.

#### **Examples**:

We need to *save money*. I hate using credit cards all the time.

It's difficult to *save money* in Vancouver.

We can *save money* by cancelling Netflix.

## **Scattered showers**

**Meaning:** Rain that is on and off.

#### **Examples**:

There will be *scattered showers* tomorrow. Let's see how it looks in the morning.

The weather forecast is showing *scattered showers* this weekend.

There will be *scattered showers*, starting tonight and lasting for a couple of days.

# School

**Meaning**: A place where people learn.

### **Examples**:

Which elementary *school* do you go to?

I have to be at *school* by 8:45.

Let's meet after I drop the kids off at *school*.

# School night

**Meaning:** The night before you have to go to school (usually Sunday—Thursday).

#### **Examples**:

Jimmy! It's a *school night*. Go to bed now.

Isn't it a *school night*? Why are asking me to have a sleepover?

On *school nights*, I try to have the kids in bed by 8:00.

# Science

**Meaning**: Study of the natural/physical world. Also, a school subject.

### **Examples**:

I loved *science* when I was in school.

*Science* shows and documentaries are so interesting to me.

I want to study *science* in university, maybe physics or biology.

# Second half

**Meaning:** The last half of a game.

### **Examples**:

We played well in the *second half* but lost the game.

I got tired during the *second half*.

How much longer? It's in the *second half* now, right?

# Seniors

**Meaning**: Older people (usually 65+).

### **Examples**:

Are there a lot of *seniors* in your city?

Is there a *seniors'* centre in your town?

The best thing about being a *senior* is that you get lots of discounts.

# Shades

Meaning: Sunglasses.

### **Examples**:

Have you seen my shades?

Just a minute. I need to grab my *shades* before we leave.

I want to buy some new *shades*. I'm not sure if I should spend hundreds of dollars on a pair.

# Shop around

**Meaning**: Compare prices.

### **Examples**:

Did you *shop around*? I'm sure you could find it cheaper.

I like to *shop around* for things that cost more than \$100.

I'm too lazy to *shop around*! I just buy the first thing that looks like a good deal.

# Sidewalk

**Meaning:** A raised area next to a road where people can walk.

### **Examples**:

Walk on the *sidewalk*, please!

I wish there were more *sidewalks* in my city.

You should ride your bike on the road, not the *sidewalk*.

## **Practice** #15

rush hour, save money, scattered showers, school, science, school night, second half, seniors, shades, shop around, sidewalk

- 1. Let's \_\_\_\_\_ for a new car. We can find a better deal.
- 2. The weather forecast says \_\_\_\_\_.
- 3. What's your secret for \_\_\_\_\_? I'm terrible at it!
- 4. I hate driving during \_\_\_\_\_.
- 5. \_\_\_\_\_ was my favourite subject at \_\_\_\_\_.
- 6. No, you can't hang out with Tim. It's a \_\_\_\_\_.
- 7. I hope the Oilers will play better in the \_\_\_\_\_.
- 8. I hate it when bicycles go on the \_\_\_\_\_.

#### Answers

- 1. shop around
- 2. scattered showers
- 3. saving money
- 4. rush hour
- 5. science, school
- 6. school night
- 7. second half
- 8. sidewalk

# Sign up

#### Meaning: Join.

#### **Examples**:

You can *sign up* online.

How can I *sign up*? This class looks amazing.

Please *sign up* if you want to play. We need to know how many people are coming.

# Sit down

Meaning: Not stand; sit on a chair.

### **Examples**:

Please *sit down* everyone. We are going to start.

Would you like to *sit down*?

I don't want to *sit down*. Please, just tell me the news.

# Social media

Meaning: Facebook, Pinterest, Twitter, etc.

### **Examples**:

Which social media do you use?

I hate *social media*! I've recently deleted most of my accounts.

TikTok is the most popular *social media* platform these days.

# Sorry, I can't

**Meaning:** What you say when you're unable to do something.

### **Examples**:

*Sorry, I can't* come tonight. I don't feel good.

I'm sorry, I can't play. I hurt my knee.

*Sorry, I can't* join you. I have to work.

# **Sports**

**Meaning**: Examples are tennis, soccer, baseball, swimming, hockey, etc.

### **Examples**:

What's your favourite *sport*?

I don't like to play *sports* but I like to watch golf.

I stopped playing *sports* after high school.

## Start

### Meaning: Begin.

### **Examples**:

Let's start.

When does the movie *start*?

Did you *start* your homework yet?

## **Storm clouds**

**Meaning:** Clouds that may produce rain, snow, hail, thunder, etc.

### **Examples**:

Look at those *storm clouds*. We should go home I think.

Those *storm clouds* are moving so quickly.

I love watching *storm clouds*, as long as I'm inside!

## Student

**Meaning**: A person who studies.

### **Examples**:

I was a *student* last year but I'm working now.

I hated being a *student*. I don't like tests.

My son is a university *student*.

# Study

**Meaning**: To learn something; what a student does.

### **Examples**:

I want to *study* engineering next year.

I don't like to *study*.

I'm *studying* for my driver's test right now.

## **Suburbs**

### **Meaning:** Communities outside the main city.

### **Examples**:

I don't want to live in the *suburbs* but downtown Vancouver is so expensive.

Port Coquitlam is a *suburb* of Vancouver.

Commuting from the *suburbs* in Toronto is terrible. It takes so long.

### Super

**Meaning:** Very; really.

### **Examples**:

Wow! That drink is *super* sweet.

I'm *super* tired. Let's go home.

The movie was okay but it was *super* long.

### **Practice #16**

sign up, sit down, sorry I can't, social media, sports, start, storm clouds, student, suburb, studying, super

- 1. Please \_\_\_\_\_. Let's get started.
- 2. Facebook is my favourite \_\_\_\_\_ platform.
- 3. I'm \_\_\_\_\_ hungry.
- 4. Did you \_\_\_\_\_ for that class yet?
- 5. Look at those scary \_\_\_\_\_.
- 6. \_\_\_\_\_. I have to go home right after work.
- 7. What are you \_\_\_\_\_ in college?
- 8. I live in a \_\_\_\_\_ of Toronto.

#### Answers

- 1. sit down
- 2. social media
- 3. super
- 4. sign up
- 5. storm clouds
- 6. sorry, I can't
- 7. studying
- 8. suburb

# Switch off

**Meaning**: Turn something off, usually a light.

### **Examples**:

Hey, *switch off* the lights when you leave the room.

Let's *switch off* these lights and get ready for bed.

It's so bright in here. *Switch off* that light.

## Take a break

**Meaning:** Stop working or studying for a while.

### **Examples**:

Hey, *take a break*. You've been working so hard.

Can we *take a break*? I'm tired.

Let's *take a break* after we finish this one.

# Talk

### Meaning: Speak.

### **Examples**:

Can I *talk* to you for a minute?

My daughter didn't *talk* until she was four.

Let's *talk* for a few minutes about this.

## Take off

**Meaning**: Start to fly.

#### **Examples**:

We're just about to *take off*. I'll call you when I land.

Did you hear about that plane crash? It happened when we were *taking off*.

My ears hurt when the plane started to *take off*.

### Team

**Meaning**: A group of people doing the same thing, usually work or sports.

#### **Examples**:

Which NHL *team* do you cheer for?

I love my work *team*. We all get along well.

I play on two softball *teams*.

### Temperature

**Meaning**: A way to measure how hot or cold something is. Common units are Celsius (most of the world), Fahrenheit (USA) or Kelvin (science things).

#### **Examples**:

The *temperature* is supposed to be 40 degrees Celsius tomorrow. We should go to the shopping mall.

What's the *temperature* in here? It feels so cold.

My favourite *temperature* is around 20 degrees Celsius.

## Terrible

Meaning: Really bad.

### **Examples**:

I have a *terrible* cold.

I had *terrible* grades in school when I was a kid. I always failed math.

That movie was *terrible*!

## The day after tomorrow

**Meaning:** In two days. For example, today is Monday. Day after tomorrow = Wednesday.

#### **Examples**:

When is the game? *The day after tomorrow*?

See you soon. The day after tomorrow, right?

I'm going to South Korea, *the day after tomorrow*.

### **These days**

**Meaning:** Recently; lately.

#### **Examples**:

What you have been up to *these days*?

I've been so busy with work *these days*.

*These days*, I'm trying to eat healthier. No more potato chips.

## This weekend

**Meaning:** The upcoming Saturday and Sunday.

### **Examples**:

What are you doing *this weekend*?

Let's hang out *this weekend*. Are you free?

*This weekend*, I need to clean my house.

## **Practice #17**

switch off, take a break, talk, take off, team, temperature, terrible, the day after tomorrow, these days, this weekend

- 1. What's going on \_\_\_\_\_?
- 2. You should \_\_\_\_\_ and drink some water. It's hot outside.
- 3. I get paid \_\_\_\_\_.
- 4. Can you \_\_\_\_\_ the lights, please?
- 5. Which football \_\_\_\_\_ do you cheer for?
- 6. The weather is \_\_\_\_\_. Let's stay inside and watch a movie.
- 7. I'm scared to \_\_\_\_\_\_ to her. She's angry at me.
- 8. What's the \_\_\_\_\_\_ for tomorrow? Should I wear shorts or pants?

#### Answers

- 1. these days/this weekend
- 2. take a break
- 3. the day after tomorrow
- 4. switch off
- 5. team
- 6. terrible
- 7. talk
- 8. temperature

## Time

**Meaning**: A specific point, measured in hours and minutes. For example, 10:23 or 4:30. Or, a way to measure the day.

#### **Examples**:

What *time* is it?

You don't have enough *time* to finish that now.

Do you have *time* to hang out next week?

# **Too long**

**Meaning:** Longer than is good or appropriate.

### **Examples**:

That movie was *too long*.

I hate work meetings. Ted always talks for way *too long*.

Camping for three weeks? That's not *too long*?

## Trash

### Meaning: Garbage.

### **Examples**:

Can you take out the *trash*, please?

Tim! Take out the *trash*. It's your job this week.

Pick up your *trash*! I'm tired of cleaning up after you.

## Twice

**Meaning:** Two times (2x).

### **Examples**:

I've been to England *twice*.

I forgot my lunch *twice* this week.

I went back there *twice* but they still don't have the shoes in my size.

# University

**Meaning:** Where people study after high school. Also known as college (USA).

### **Examples**:

Which *university* are you going to?

I have two more years of *university*.

I want to go to *university* when I'm done with high school.

### Wake up

**Meaning**: Stop sleeping. Woke up = past.

### **Examples**:

What time do you *wake up*?

I didn't want to *wake up* this morning.

I *woke up* so early today.

### Warm up

**Meaning**: Prepare for exercise.

### **Examples**:

Let's do a quick *warm up* before we start lifting weights.

I like to jog for five minutes to *warm up*.

Can you lead the *warm up* today?

## Wash the dishes

Meaning: Clean pots, plates, cups, etc.

#### **Examples**:

I like to *wash the dishes* before I leave for work in the morning. Then, I can come home and the kitchen is clean.

Tommy wants to *wash the dishes* for his chore this week.

Let's buy a dishwasher! I hate *washing the dishes*.

# Wasting time

**Meaning:** Not doing anything important (similar to killing time).

### **Examples**:

Stop *wasting time*. Let's get started.

What's your favourite way to waste time?

I haven't done much this vacation. Mostly just *wasting time* watching TV.

## Weather forecast

**Meaning:** Prediction for the weather in the coming days. Hot, cold, rainy, cloudy, etc.

#### **Examples**:

What's the *weather forecast* look like? Do I need my umbrella?

The *weather forecast* looks terrible. Hiking isn't a good idea tomorrow.

Have you seen the *weather forecast*? We'll have a white Christmas.

# Wedding

**Meaning**: Ceremony where two people get married.

### **Examples**:

When is your *wedding*?

My wedding was beautiful but we spent so much money!

All of my friends are getting married and all my weekends are spent going to *weddings*.

### **Practice #18**

time, too long, wedding, warm up, weather forecast, trash, twice, wasting time, wash the dishes, universities, wake up

- 1. That line is \_\_\_\_\_. Let's go home.
- 2. Does the \_\_\_\_\_ show rain?
- 3. I've told you that I don't like pasta \_\_\_\_\_ now.
- 4. Why didn't you \_\_\_\_?
- 5. Which \_\_\_\_\_ did you apply to?
- 6. You should \_\_\_\_\_ before playing basketball.
- 7. I have to \_\_\_\_\_ very early to go to work.
- 8. Stop \_\_\_\_\_ playing with your brother. Clean your room.

#### Answers

- 1. too long
- 2. weather forecast
- 3. twice
- 4. wash the dishes
- 5. universities
- 6. warm up
- 7. wake up
- 8. wasting time

### Week

**Meaning**: Seven days.

### **Examples**:

I've been sick all *week*.

I get three *weeks* of vacation.

Have you had a busy *week*?

## When I wake up

**Meaning:** The point in time when someone goes from sleeping to being awake.

#### **Examples**:

*When I wake up*, the first thing I think about is coffee.

When I wake up, I'm always grumpy for a while.

What's the first thing you do *when you wake up*?

## When you're done

**Meaning:** After finishing, some other action will happen.

### **Examples**:

We'll eat dinner *when you're done* your homework.

*When you're done*, please let me know.

Can you come to my office *when you're done* with that report?

## White Christmas

Meaning: A Christmas with snow. Also, the name of a famous movie.

### **Examples**:

Is there going to be a *white Christmas* this year?

It's rare to have a *white Christmas* in Vancouver.

I just checked the weather forecast. We might have a *white Christmas*.

# Wife

**Meaning**: A married woman.

### **Examples**:

What's your *wife's* name?

My *wife* is around here somewhere.

I have to check with my *wife*. I'll let you know.

## Win the game

**Meaning:** Come out on top of someone else or another team.

#### **Examples**:

Did you win the game?

We didn't *win the game* but I scored twice.

I never *win the game* when I play you! You're so good at board games.

### Woman

**Meaning:** Female person (1). More than 1 = women.

#### **Examples**:

Look at that *woman* over there.

Which *woman* are you talking about?

Are the *women* going to help you?

### Work

### Meaning: A job.

### **Examples**:

What do you do for *work*?

I have to go to *work* now.

I can't come tonight. I need to go to *work*.

### Work Out

**Meaning**: Exercise, usually at the gym.

#### **Examples**:

Do you like to *work out*?

I hate *working out*. I'd rather play sports.

I *work out* in the morning, before work.

### World

**Meaning**: Another name for the Earth.

#### **Examples**:

We are destroying our *world*.

I want to travel the *world*.

If you could go anywhere in the *world*, where would you go?

## Worried sick

**Meaning:** Anxious or stressed out to the extreme.

#### **Examples**:

I'm *worried sick* about my grandpa in the hospital.

My mom is *worried sick* about me going out at night.

I'm *worried sick* about my husband driving home so late tonight.

### Year

Meaning: 365 days. Examples: 2021, 1994.

#### **Examples**:

It'll be better next *year*.

I've been working at my company for 3 *years*.

How many years until you're finished your degree?

### Years ago

**Meaning:** Many years in the past.

#### **Examples:**

I played soccer *years ago* when I was a kid.

I saw him *years ago*. I can't even remember where I was.

It was *years ago* that I got glasses.

### **Practice #19**

week, when I wake up, years ago, white Christmas, when you're done, wife, won the game, woman, work, world, worried sick

- 1. \_\_\_\_\_, the first thing I do is check my phone.
- 2. I'm so sad that it won't be a \_\_\_\_\_ this year.
- 3. What's your \_\_\_\_\_'s name?
- 4. Who \_\_\_\_? The Oilers?
- 5. I was \_\_\_\_\_\_ about my dad because he got Covid but he's okay now.
- 6. The \_\_\_\_\_ is such a big place!
- 7. Last \_\_\_\_\_ was so busy for me.
- 8. \_\_\_\_\_, please let me know. I have something else for you to do.

#### Answers

- 1. when I wake up
- 2. white Christmas
- 3. wife
- 4. won the game
- 5. worried sick
- 6. world
- 7. week
- 8. when you're done

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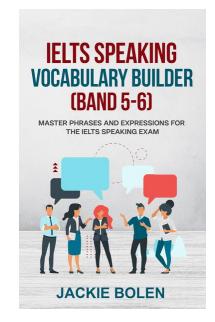


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